



Haushe Suganthan, Class of 2016

PhD Candidate, University of Toronto



It always gets better, after high school. The jump to post-secondary is significant, and so that comes with a lot of challenges - however it gets better, with time you adapt and it all gets easier, it just takes time, so continue to be patient, persistent and trust the process.



I am currently a PhD candidate in the Cell and Systems Biology Department at the University of Toronto, focusing on the neurophysiology of the western painted turtle, the most anoxia-tolerant tetrapod known. My research employs electrophysiology to explore how this unique organism's brain can survive without oxygen for up to six months, with potential implications for therapeutics in hypoxia-induced conditions like strokes.

In addition to my research, I serve as a Teaching Assistant for undergraduate biology courses, where I facilitate laboratory sessions, grade lab reports, and occasionally guest lecture.

As a proud SJCS alumnus, I strive to embody those values in my academic and personal life.

Want to learn more about Haushe's career path, connect with her on LinkedIn.



[Haushe Suganthan](#)